# How to start a row using Standing Double Crochet

1.  Hold the working yarn in your non-working hand. (If you hold the hook with your right hand, hold the yarn with your left).



2.  Using the new yarn color, wrap yarn around your hook twice.

3. Insert hook into designated space and pull up a loop. (three loops on hook)



4. Continue holding yarn behind project and complete double crochet as normal.